

## Public Service Announcement:

# Rocky Mountain Spotted Fever Prevention Campaign 2016

The Rocky Mountain Spotted Fever (RMSF) Campaign will occur

During the week of **September 19<sup>th</sup>-23<sup>rd</sup>**

Please see the schedule below for when the RMSF Campaign service members will arrive in your neighborhood

Date	Mon, 09/19	Tue, 09/20	Wed, 09/21	Thu, 09/22	Fri, 09/23
District	Seven Mile	Bylas	Peridot (Heaviest Workday)	Gilson Wash	Other Areas (Lightest Workday)

### What you should Do Before and/or During the Campaign

- Although temporarily provided Please **DO NOT** rely on our mobile Volunteer Veterinarians for Animal Care, rather visit the local Veterinarian (Globe/Safford) for specific health problems or vaccinations that are not available through our Tribal Animal Control Officer.
- Please have someone at your home on the campaign dates below to assist in checking your property and dogs for ticks.
- Please keep your dog on a leash, fenced in or other restraint according to the New Animal Control Ordinance
- If your animal is sprayed with Petcor tick treatment please avoid handling or petting the animal until treatment has dried
- Please keep children away from wet insecticide spray areas

### What you Should Do AFTER the campaign

- Spraying Insecticide is important!
- Tick activity increases (*ticks are dying*) for 2-3 days after spraying and **during this time children should stay away from these areas on the property**
- If you are not home and we missed you then look for an Animal Control door tag with our contact info



# What Do I Do If I'm Bit by a Tick?

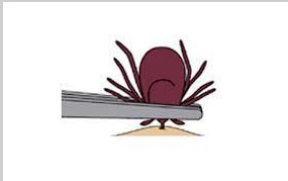
Rocky Mountain Spotted Fever (RMSF) Prevention



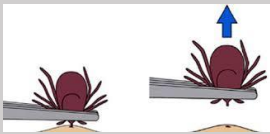
**If the Tick is still in the skin properly remove it right away by following the steps shown below!**

**How to Remove a Tick embedded in the Skin:**

**Step 1:** Use tweezers to grasp the tick firmly at its head or mouth, next to the skin.



**Step 2:** Pull firmly, steadily and slowly until the tick lets go of the skin. Do not twist the tick or rock it from side to side.



**Step 3:** Wash your hands and the site of the bite with soap and water.

**Step 4:** Swab the bite site with alcohol.

**Remember not everyone that gets bit gets sick with RMSF!**

**An estimated 5% of ticks in Arizona carry RMSF**

**Please Prevent RMSF by following the guidelines below:**

**If you or someone you know gets bit by a tick then please care for them properly by:**

- **Watching closely for signs of illness (flu-like), or other abnormal symptoms which may happen anytime between 2-14 days after the tick bite.**
- **Taking the person's temperature daily**
- **Take note of the day the tick bite occurred to report to your doctor if the bite victim gets sick**
- **Call PHN dept. (475-1540) for further direction if you become worried or are unsure of what to do.**
- **Call Animal Control and report the incident (475-1585)**

**If any signs or symptoms develop during the 2 week period take the person who was bit to the Emergency Dept. and don't wait any longer, even if it is the weekend!**

**IF NOT TREATED EARLY RMSF CAN**

**KILL!**